

Paradise cove

Try our award winning jerk chicken, it is halal or add an organic side

Starters & Dips

Jerk Mayo	£1.25
Jerk gravy (Gf)	£1.25
1 x Fried Plantains - 150g - (Ve, Gf)	£5.25
Salted plantain crisps (Ve, Vg, Gf)	£5.95
Garlic spiced plantain crisps (Ve, Vg, Gf)	£5.95
Turmeric spiced plantain crisps (Ve, Vg, Gf)	£5.95
3 x Fried Vanilla cornmeal dumplings (Ve)	£6.95
Flaky Buss up roti skin and Jerk sauce.	£7.95

Jerk

	On its own	With ANY 2 sides & gravy
1 fillet Jerk fish (250 - 300g) (Gf)	£10.95	£22.95
$\frac{1}{4}$ Jerk Chicken (300g - 350g) (Gf)	£10.95	£22.95
$\frac{1}{2}$ Jerk Chicken (700g - 800g) (Gf)	£18.95	£28.95

Curries, soups & stews

Served with white rice.

Pumpkin, red pepper and coconut soup	£7.95
5 bean, Coconut medley (Ve, Gf)	£14.95
Red pea stew with cornmeal dumplings (300g) (Ve, Gf)	£14.95
Boneless classic curried chicken (Gf)	£14.95
Oxtail Red pea stew with 2 x dumplings	£14.95
Bean, Coconut, pumpkin stew with Escovitch (Ve, Gf)	£14.95
On the bone, Curried Goat (Gf)	£16.95
Oxtail with butter beans (Ve, Gf)	£16.95
Add Any sides two sides or extras and gravy for £12.95	

Combos

All served with fried plantains

Roti special	£26.95
Any Curry or soup, rice and peas, Dhal Roti Flat bread and Gravy	
pineapple, Jerk sauce and slaw	
Chef's special (1000g - 1400g) (Gf)	£29.95
$\frac{1}{2}$ Traditional Jerk chicken, served with rice & peas Jerk spiced chips, Jerk	
pineapple, Jerk sauce and slaw.	
Jerk Wrap special	£29.95
Grilled jerk breast, in a roti wrap, served with rice & peas, Jerk spiced chips,	
Jerk pineapple, Jerk sauce and slaw.	
Fish special (700g) (Gf)	£29.95
Foil baked Jerk fish, served with steamed rice,	
Escovitch, spiced chips, Jerk pineapple, Jerk sauce & salad.	

Roti Wraps

Ital, bean wrap (Ve) with gravy	£13.95
Curry chicken wrap with gravy	£13.95
Jerk chicken wrap with gravy	£13.95
Add Any sides two sides or extras and gravy for	£12.95

Fish selection

1 fillet Jerk fish (250 - 300g) (Gf)	£10.95
*Ackee and Saltfish (250g)	£10.95
*Whole steamed Snapper (Gf)	£16.95
2 x Jerk Fish fillet (450 - 600g) (Gf)	£18.95
6 x Jerk/Garlic Prawns (Gf)	£18.95
Add Any sides two sides or extras for £12.95	

Caribbean style burgers

Classic Beef Burgers	£12.95
Caribbean Jerk Beef Burger, with a hashbrown	£14.95
Plant based Jerk bean Burger, with a hashbrown	£14.95
Add Any sides two sides or extras and gravy for	£12.95

Sides & extras

Hardough bread & Jerk sauce/Butter	£3.25
Coconut and black pepper coleslaw	£5.25
Garlic and escovitch salad (Ve, Gf)	£6.25
Steamed rice with chives (Ve, Gf)	£6.25
3 x Fried Vanilla cornmeal dumplings (Ve)	£6.25
Homemade fried Chips (Ve, Gf)	£6.95
Rice peas with scallion and thyme (Ve, Gf)	£6.95
2 x Fried Plantains x 300g - (Ve, Gf)	£6.95
Jerk spiced Chips and jerk mayo (Vg, Gf)	£6.95
500g Jerk spiced, salted, cheese pasta bake	£6.95
500g Sweet chili jerk spiced, cheese pasta bake	£6.95
500g Honey jerk spiced, cheese pasta bake	£6.95
Roti, Dhal Flatbread (Ve)	£7.95
Callaloo (200g) (Ve, Gf)	£7.95
Jamaican Flaky Buss up roti skin	£7.95

Salads

Plantain and Grilled pineapple salad (Ve, Gf)	£13.95
Jerk chicken and pineapple salad (Ve, Gf)	£14.95

Sharing Platters for 2 or 3

Paradise platter	£68.95
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Includes: 2 x Jerk chicken, Rice & peas, Steamed rice, cheese bake of choice, Coleslaw, fried Plantains, Jerk spiced chips, salad, Jerk gravy & Jerk mayo

Curry me crazy	£69.95
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Includes: 2 x ANY curry of choice (both 400g) Rice & peas, Steamed rice, Coleslaw, cheese bake of choice, Plantain, Jerk chips, salad, Jerk gravy, Jerk & Jerk mayo
Add Any sides or extras of choice £3.25

No service is added to your bill. Please tip generously, so the staff can by rum