

Paradise cove

Caribbean Snacks

Fresh bits & bites, to have as starters

Sweet chili spiced plantain crisps (ve) 6.95

Great for nibbles & snacks

Turmeric spiced plantain (ve) crisps with jerk mayo (ve) 6.95

Plantain crisps, spiced with our homemade Jerk salt!

Garlic spiced plantain (ve) with jerk mayo crisps (ve) 7.95

The house favourite, packed with flavour, especially with our homemade mayo

A Trio of mini - cocktail sized, veg patties (ve) 7.95

Three bite sized warmed delights, served with Jerk mayo

Dhal/ Buss up

Grilled roti skin and Jerk Gravy 8.5/8.95

Choose from either dhal - which is made with wheat flours & chickpeas or buss up -

which is flaky, with layers of pastry, similar to Paratha.

Classic saltfish fritters - Fried x 5 - 8.95

Traditional flitters, spiced with turmeric, scallion, scotch bonnet & black pepper

Pre fix menu

*Ask for Extra gravy

Add any side for 5.95

1/4 Jerk chicken, rice and peas, slaw, gravy 16.95

The house special with jerk BBQ gravy.

1/2 Jerk chicken, rice and pea, slaw, gravy 19.95

For those who want just a little bit more

Carnival Combos

Add any side for 5.95

Serves 1

Small tingz (200 - 300g). 23.95

1/4 Foil baked Jerk, served with rice & peas, Jerk spiced

chips, slaw, Jerk pineapple & gravy

Roti special 24.95

Any Curry or soup, any rice & Dhal Roti Flat bread

Add Buss up for 1.95

Kingston special (700g) 24.95

1/2 Foil baked Jerk, served with rice & peas, Jerk spiced

chips, slaw, Jerk pineapple & gravy

Add Sweet chili sauce for 1.95

Add ½ chicken for 14.95

Jerk or Garlic & thyme fish (200g) 26.95

2 x Fish fillet - served with steamed rice, Jerk spiced chips,

Classic Jerk

Traditional Jerk - grilled café style - served with lime

¼ Jerk Chicken (250 - 300g) 12.95

Served with Jerk gravy

1 fillet Jerk Salmon (250 - 300g) 14.95

Grilled on fresh thyme sprigs with herbs & spices.

½ Jerk Chicken (700g) 18.95

Served with Jerk gravy

2 x Jerk Fish fillet (450 - 600g) 23.95

Great for those who want a bit more & served with Jerk gravy

Foil Baked Jerk

Foil baked with wilted spinach and lime and scallion

¼ Jerk Chicken (250 - 300g) 14.95

Leg or thigh

½ Jerk Chicken (700g) 18.95

Butterflied jerk chicken, scored and stuffed with our homemade marinade

1 fillet jerk fish, (400g) 18.95

Fish of the day, grilled with garlic, thyme, pimentos & scotch bonnet

½ Jerk Chicken (700g) 22.95

For those who want a bit more - great for sharing

2 x Fillet Jerk Fish (400g) 24.95

Served in one paper bag, great for one, great for all

Whole Chicken (1,400g) 26.95

Add Sweet chili sauce for 1.95

2 x ½ chickens, stuffed with our homemade marinade & grilled in Jerk BBQ sauce

We are a nut free and MSG free kitchen - for an allergens

list. Please ask your server.

Caribbean, Buss Up Roti Wraps

Toasted roti wraps with any filling of your choice.

Add rice and peas, Chips & slaw for 9.95

*Ask for Encona sauce

Rastaman Wrap 16.95

Red peas, spinach, avocado, bell peppers & pineapple

Curry chicken wrap 18.95

Pulled curried chicken breast, bell peppers & spinach

Oxtail 22.95

Pulled Braised Oxtail, bell peppers & spinach

Chef's Specials - (400g)

Add rice and peas, Jerk pineapple & slaw for 9.95

6 hour cooked On the bone, Curried Goat 18.95

The House Special - Made with natural spices & organic potato

Traditional Ackee and Salt fish 18.95

The National Dish, cooked with scallions, thyme, pimentos & boneless cod fish

8 hour Braised Oxtail with butter beans 19.95

Classic Braised Oxtail. first roasted with 8 herbs & spices, then slow cooked

with carrots, thyme & scotch bonnet.

Classic Jamaican Curries & Stews - (400g)

Add rice and peas, Jerk pineapple & slaw for 9.95

Jamaican stewed red peas, with Spinners (ve) 15.95

Stewed red peas & navy beans with scotch bonnet, pumpkin, bell peppers & coconut milk

5 bean coconut and thyme curry (ve) 15.95

Navy beans, black beans, butter beans, chickpeas, kidney beans & raisins

served with wilted spinach

Caribbean classic curried chicken 16.95

Boneless, curried breast pieces of chicken, stewed with Irish potatoes

Caribbean Hash brown Burgers

Served with cheese

Add rice and peas, Jerk pineapple & slaw for 9.95

Classic beef burger 13.95

A classic quarter pounder burger, served with cheese

Caribbean PLANT BASED burger 14.95

A Plant based burger, coated with our signature marinade & then Jerk spiced hash brown.

Caribbean Jerk beef burger 14.95

A classic beef burger, coated with our signature marinade & then topped with

Jerk mayo

Fried Goods & Caribbean Sides

All made fresh to order and daily

Large coconut & black pepper coleslaw 5.50

Homemade slaw, spiced heavily with black pepper, then salted & dusted with organic desiccated coconut.

Mongoose Hardough bread x 2 slice 5.50

Classic hardough bread - Toasted - served with Jerk gravy

Steamed rice with chives (ve) 5.95

350g Gold Standard Basmati Rice - with fresh aromatic chives

Escovitch spinach salad (ve) 5.95

180g Baby leaf salad, spiced with garlic & escovitch dressing.

rice & peas with scallion and thyme (ve) 6.95

350g Gold standard Basmati Rice, cooked with spiced, scallion & Pimento berries

Jerk rice (ve) 6.95

350g of Gold Standard Basmati Rice, infused with pimentos & our in house marinade. Spicy

Jamaican plantains - Fried x 300g - 6.95

Add jerk spice for 1.00

Sweet potato chips (ve) 6.95

350g of classic fried chips, served with Jerk mayo

Jerk Chips (ve) 6.95

400g of classic fried chips, spiced with our homemade jerk salt!

Plantain & Scotch Bonnet Pudding x 2 slice 7.95

200g A Sweet homemade loaf, spiced with ginger scotch bonnet

Toasted Roti Flat bread (ve) 7.95

Add jerk Gravy for 1.00/ *Ask for butter

Dhal is a Grilled flat bread, similar to tortilla but made with wheatflour & chickpeas.

Sweet chili baked, Jerk cheese pasta 8.95

250g of Jerk Spiced, cheese baked, salted pasta. Glazed with sweet chili sauce & then finished with fresh chives

How we support the community

You wouldn't know it but our head chef and some of our professional team are 'care experienced.' This means we have spent part of our youth in care. Therefore, we work this space collaboratively, to set aside 515.00 each month, for disadvantaged young adults to access - in the form of small, nominal cash grants.

Accessible via: www.paradisecovebattersea.com

Spread the word.

Books, hoodies & merch

All products, within the restaurant, are available to purchase. So please do ask you server on your visit to see one. One love

ITAL

Grains, pulses and natural things.

Jerk rice 6.95

350g of Gold Standard Basmati Rice, infused with pimentos & our in house marinade. Spicy

Turmeric spiced sweet potato chips 7.95

350g of classic fried chips, spiced with our homemade jerk salt!

***Kale, callaloo, steamed veg (200g)** 7.95

180g - 200g of Callaloo, carrots, cabbage, onions & chocho.

Jamaican stewed red peas, with Spinners 15.95

350g of stewed red peas & navy beans, with hand rolled cornmeal dumplings.

4 bean coconut and thyme curry 15.95

350g of mixed Ital beans, root provisions & raisins, served with wilted spinach

***Chickpea medley with bell peppers (300g)** 15.95

350g of Chickpea pulses, root provisions, coconut milk & thyme, served with desiccated coconut.

Handmade Sauces & Spices

Jerk Mayonnaise 1.95

Made from scratch with our homemade marinade

Fresh pickled Jamaican escovitch (ve) 2.95

Great with fish, great with meat

Large Jerk BBQ gravy (ve) 3.50

A homemade pouring, sweet and spicy sauce, perfect for all meals

*Sharing Platters

Serves 2

Paradise platter 64.95

Includes: 2 x 1/4 Jerk chicken (200-250g each)

Mac & cheese, rice & peas, jerk rice, garlic plantain chips, coleslaw, jerk gravy & Jerk mayo, & [Fritters](#)

Curry me crazy 66.95

Includes: 2 x two curries of choice (both 400g)

Mac & cheese, rice & peas, jerk rice, garlic plantain chips, coleslaw, jerk gravy & Jerk mayo & [roti](#)

Add 5 x sweetcorn/saltfish fritters for 4.95

Add 1/2 jerk or ANY curry for 12.95

Add or swap a main for a foil baked fish of the day 12.95

Please note - tables of 4+ covers must order from the platters or carnival combo section. This is to ensure you have the best experience, without a long wait for food.

Warmed Caribbean Café Desserts

All cakes are served with a selection of macerated fruits, sorbet or pouring cream

Banana cake with coconut Rum 6.95

Chocolate & vanilla cake with Amaretto 7.95

Caribbean Bread pudding soaked rum & Amaretto 7.95

Add Rum spiced custard for 3.50

Chef Specials

These change daily & are seasonal. Please ask your server

A discretionary 12.5% service charge is added to the bills. Please tip generously.